

Your media and communications work can increase safeguarding risks for the people you are writing stories about.

Here's how to make your media and communications safe!

Use the **RSH risk assessment tool** to identify and manage the safeguarding risks of your media and communications work



Prepare for every meeting and interview



Defend people's privacy



Protect the data you gather



Read our Safe media and communications **tip sheet** for more detail!



Include **media and communications** in your safeguarding policy and **safeguarding** in your media and communications policy



Be respectful



Get informed consent



Be **survivor-centred** at all times: empower the survivor by prioritising their rights, needs and wishes at all times